SKIN GRAFT POST- OP INSTRUCTIONS

CARE OF THE SKIN GRAFT

• After surgery go home and rest with your head elevated. Do Not bend over or exercise.
• Keep the area completely dry until you are seen at your follow up appointment.
• Leave the bandage in place for 3 days.
• After 3 days you can remove the large outer dressing. Do Not disturb the bandage that is sewn in place. After the large outer dressing has been removed, you can place a regular band-aid over the sewn on bandage and change that band-aid daily.
• Remain as inactive as possible for several days. Gentle walking or grocery shopping, etc. if fine after a few days.
• Contact the office immediately if there is any bleeding from under the graft or if you have any excessive redness, tenderness or pus.

CARE OF THE SUTURED WOUND/Graft donor site

• Leave bandage in place and dry for 24 hours.
• After 24 hours you may remove the dressing.
• It is ok for this area to get wet, such as when showering.
• Once a day apply an antibiotic ointment (eg. Polysporin) to the stitches.
• If bleeding occurs at any time, hold firm pressure for 20 minutes. If bleeding persists contact our office.

If you have excessive bleeding that will not stop, or excessive redness or pus, and you cannot reach us go to the nearest emergency room.